

Monday		Tuesday/Thursday		Tuesday	Thursday
08,00 - 08,40 (40') A	ice - skating skills	08,00 - 08,40 (40')	ice - skating skills	B	A
08,40 - 09,20 (40') B	ice - skating skills	08,40 - 09,20 (40')	ice - skating skills	A	B
09,30 - 10,15 (45') A	ice -jumps/spins/prog.	09,30 - 10,15 (45')	ice -jumps/spins/prog.	B	A
10,25 - 11,10 (45') B	off ice	10,25 - 11,10 (45')	off ice	A	B
11,10 - 11,55 (45') A	off ice	11,10 - 11,55 (45')	off ice	B	A
12,15 - 12,50 (35') B	ice -jumps/spins/prog.	12,15 - 13,00 (45')	ice -jumps/spins/prog.	A	B
12,50 - 13,25 (35') A	ice -jumps/spins/prog.	13,00 - 13,45 (45')	ice -jumps/spins/prog.	B	A
13,35 - 14,20 (45') B	ice -jumps/spins/prog.	14,00 - 14,45 (45')	ice -jumps/spins/prog.	A	B
		15,00 - 15,45 (45')	ice -jumps/spins/prog.	B	A
	Lunch 10,20 - 11,00 A		Lunch 10,15 - 11,00	B	A
	Lunch 11,10 - 12,00 B		Lunch 11,10 - 12,00	A	B

Wednesday		Friday	
08,00 - 09,00 (60') A	ice - skating skills	08,00 - 08,40 (40') B	ice - skating skills
09,15 - 10,15 (60') B	ice - skating skills	08,40 - 09,20 (40') A	ice - skating skills
10,30 - 11,15 (45') A+B	off ice	09,30 - 10,15 (45') B	ice -jumps/spins/prog.
12,15 - 13,00 (45') A	ice -jumps/spins/prog.	09,40 - 10,25 (45') A	ballet
13,00 - 13,45 (45') B	ice -jumps/spins/prog.	10,30 - 11,15 (45') B	ballet
14,00 - 14,45 (45') A	ice -jumps/spins/prog.	12,15 - 12,50 (35') A	ice -jumps/spins/prog.
15,00 - 15,45 (45') B	ice -jumps/spins/prog.	12,50 - 13,25 (35') B	ice -jumps/spins/prog.
15,00 - 16,00 (60') A	ballet	13,35 - 14,20 (45') A	ice -jumps/spins/prog.
16,00 - 17,00 (60') B	ballet	14,30 - 15,15 (45') A+B	off ice
	Lunch 11.15 - 12.00 A		Lunch 11,00 - 12,00 A
	Lunch 11.30 - 12.30 B		Lunch 11,30 - 12,30 B